LIGHTHOUSE
MENTORING
A PROJECT OF SAPIENCE INSTITUTE

NEW MUSLIM
MENTOR TRAINING

SAPIENCE
INSTITUTE

LIGHTHOUSE MENTORING
A PROJECT OF SAPIENCE INSTITUTE

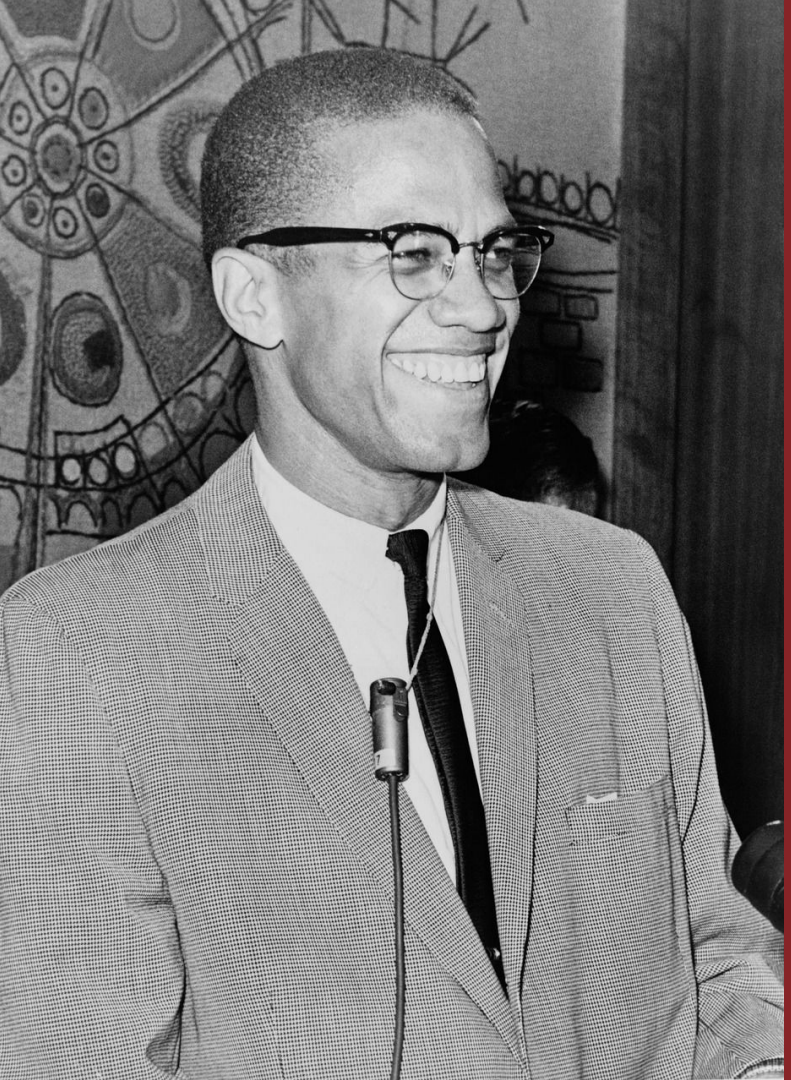
MODULE FOUR:
FIRST MEETING & DEVELOPMENT PLAN

SAPIENCE INSTITUTE

Module Four

- **Finding new Muslims**
- **Introduction**
- **Explain**
- **Suggest a plan**
- **Share resources**
- **Discuss common obstacles**
- **Agree on next steps**

SAPIENCE INSTITUTE



Before we start, let's clarify something…

What's a new Muslim? Time? Ethnicity? Or…

SAPIENCE INSTITUTE

Where & how do you find NEW MUSLIMS?

SAPIENCE INSTITUTE

- Non-practicing Muslims
- Lacking purpose
- Emptiness
- New faces in the Masjid
- Revert marriages
- meetup.com or current platforms/apps

SAPIENCE INSTITUTE

Module Four

- **Finding new Muslims**
- **Introduction**
- **Explain**
- **Suggest a plan**
- **Share resources**
- **Discuss common obstacles**
- **Agree on next steps**

Introduction

- **[Insert name]:**
  - **“I am part of Sapience Institute, we bring several years of experience and are here to coach and empower you in your spiritual journey.”**
- **How much time do they have?**
- **What are their hobbies, interests, education level & job?**
- **Current commitments (such as school or work).**
- **Asking them to sharing what they know about Islam.**

Module Four

- **Finding new Muslims**
- **Introduction**
- **Explain**
- **Suggest a plan**
- **Share resources**
- **Discuss common obstacles**
- **Agree on next steps**

Explain

- **Islamic worldview: Why are we here?**
- **Who is Allah?**
- **Path to Paradise requires effort!**
- **Loving & believing in Allah necessitates we obey Him**
- **It will be gradual and at your own pace**

SAPIENCE INSTITUTE

How

- **Discuss Not Lecture**
- **Ask open ended questions**
- **Understand their thought process**
- **Check-in with them**
- **Make them comfortable to be authentic with you**
- **Avoid Arabic terminologies and/or explain it to them**
  - **(Don’t use them too much)**

SAPIENCE INSTITUTE

Why are we here?

SAPIENCE INSTITUTE

What is this world like?

What is this world like?

What is this world like?

The Beginning [Qur'an 2:30-31]

وَإِذْ قَالَ رَبُّكَ لِلْمَلَٰٓئِكَةِ إِنِّى جَاعِلٌ فِى ٱلْأَرْضِ خَلِيفَةً ۖ قَالُوٓا۟ أَتَجْعَلُ فِيهَا مَن يُفْسِدُ فِيهَا وَيَسْفِكُ ٱلدِّمَآءَ وَنَحْنُ نُسَبِّحُ بِحَمْدِكَ وَنُقَدِّسُ لَكَ ۖ قَالَ إِنِّىٓ أَعْلَمُ مَا لَا تَعْلَمُونَ ٣٠

˹Remember˺ when your Lord said to the angels, "I am going to place a successive ˹human˺ authority on earth." They asked ˹Allah˺, "Will You place in it someone who will spread corruption there and shed blood while we glorify Your praises and proclaim Your holiness?" Allah responded, "I know what you do not know."

وَعَلَّمَ ءَادَمَ ٱلْأَسْمَآءَ كُلَّهَا ثُمَّ عَرَضَهُمْ عَلَى ٱلْمَلَٰٓئِكَةِ فَقَالَ أَنۢبِـُٔونِى بِأَسْمَآءِ هَٰٓؤُلَآءِ إِن كُنتُمْ صَٰدِقِينَ ٣١

He taught Adam the names of all things, then He presented them to the angels and said, "Tell Me the names of these, if what you say is true?"

قَالُوا۟ سُبْحَٰنَكَ لَا عِلْمَ لَنَآ إِلَّا مَا عَلَّمْتَنَآ ۖ إِنَّكَ أَنتَ ٱلْعَلِيمُ ٱلْحَكِيمُ ٣٢

They replied, "Glory be to You! We have no knowledge except what You have taught us. You are truly the All-Knowing, All-Wise."

SAPIENCE INSTITUTE

Why Create Humans?

- **Why create man?**
- **Choice**
- **Who knows everything?**
- **Wisdom of Allah**
- **Our knowledge**
- **Submission & trust**

SAPIENCE INSTITUTE

The Superiority of Adam [Qur'an 2:33]

قَالَ يَـٰٓـَٔادَمُ أَنۢبِئۡهُم بِأَسۡمَآئِهِمۡۖ فَلَمَّآ أَنۢبَأَهُم بِأَسۡمَآئِهِمۡ قَالَ أَلَمۡ أَقُل لَّكُمۡ إِنِّيٓ أَعۡلَمُ غَيۡبَ ٱلسَّمَٰوَٰتِ وَٱلۡأَرۡضِ وَأَعۡلَمُ مَا تُبۡدُونَ وَمَا كُنتُمۡ تَكۡتُمُونَ ٣٣

Allah said, "O Adam! Inform them of their names." Then when Adam did, Allah said, "Did I not tell you that I know the secrets of the heavens and the earth, and I know what you reveal and what you conceal?"

SAPIENCE INSTITUTE

The Test for Angels & Satan [Qur'an 2:34]

وَإِذْ قُلْنَا لِلْمَلَـٰٓئِكَةِ ٱسْجُدُوا۟ لِـَٔادَمَ فَسَجَدُوٓا۟ إِلَّآ إِبْلِيسَ أَبَىٰ وَٱسْتَكْبَرَ وَكَانَ مِنَ ٱلْكَـٰفِرِينَ ٣٤

And ⌜remember⌝ when We said to the angels, "Prostrate before Adam," so they all did—but not Iblîs, who refused and acted arrogantly, becoming unfaithful.

SAPIENCE INSTITUTE

The Arrogance of Satan [Qur'an 38:75-77]

قَالَ يَـٰٓإِبۡلِيسُ مَا مَنَعَكَ أَن تَسۡجُدَ لِمَا خَلَقۡتُ بِيَدَيَّۖ أَسۡتَكۡبَرۡتَ أَمۡ كُنتَ مِنَ ٱلۡعَالِينَ ٧٥

Allah asked, "O Iblîs! What prevented you from prostrating to what I created with My Own Hands? Did you ˹just˺ become proud? Or have you always been arrogant?"

قَالَ أَنَا۠ خَيۡرٞ مِّنۡهُۖ خَلَقۡتَنِي مِن نَّارٖ وَخَلَقۡتَهُۥ مِن طِينٖ ٧٦

He replied, "I am better than he is: You created me from fire and him from clay."

قَالَ فَٱخۡرُجۡ مِنۡهَا فَإِنَّكَ رَجِيمٞ ٧٧

Allah commanded, "Then get out of Paradise, for you are truly cursed.

SAPIENCE INSTITUTE

The Test of Adam [Qur'an 2:35]

وَقُلْنَا يَـٰٓـَٔادَمُ ٱسْكُنْ أنتَ وَزَوْجُكَ ٱلْجَنَّةَ وَكُلَا مِنْهَا رَغَدًا حَيْثُ شِئْتُمَا وَلَا تَقْرَبَا هَـٰذِهِ ٱلشَّجَرَةَ فَتَكُونَا مِنَ ٱلظَّـٰلِمِينَ ٣٥

We cautioned, "O Adam! Live with your wife in Paradise and eat as freely as you please, but do not approach this tree, or else you will be wrongdoers."

SAPIENCE INSTITUTE

The Deception from Satan [Qur'an 2:35]

وَقُلْنَا يَـٰٓـَٔادَمُ ٱسْكُنْ أنتَ وَزَوْجُكَ ٱلْجَنَّةَ وَكُلَا مِنْهَا رَغَدًا حَيْثُ شِئْتُمَا وَلَا تَقْرَبَا هَـٰذِهِ ٱلشَّجَرَةَ فَتَكُونَا مِنَ ٱلظَّـٰلِمِينَ ٣٥

We cautioned, "O Adam! Live with your wife in Paradise and eat as freely as you please, but do not approach this tree, or else you will be wrongdoers."

SAPIENCE INSTITUTE

The Reaction from Adam [Qur'an 7:23]

قَالَا رَبَّنَا ظَلَمْنَآ أَنفُسَنَا وَإِن لَّمْ تَغْفِرْ لَنَا وَتَرْحَمْنَا لَنَكُونَنَّ مِنَ ٱلْخَـٰسِرِينَ ٢٣

They replied, "Our Lord! We have wronged ourselves. If You do not forgive us and have mercy on us, we will certainly be losers."

SAPIENCE INSTITUTE

The Deception from Satan [Qur'an 7:20]

فَوَسْوَسَ لَهُمَا ٱلشَّيْطَٰنُ لِيُبْدِىَ لَهُمَا مَا وُۥرِىَ عَنْهُمَا مِن سَوْءَٰتِهِمَا وَقَالَ مَا نَهَىٰكُمَا رَبُّكُمَا عَنْ هَٰذِهِ ٱلشَّجَرَةِ إِلَّآ أَن تَكُونَا مَلَكَيْنِ أَوْ تَكُونَا مِنَ ٱلْخَٰلِدِينَ ٢٠

Then Satan tempted them in order to expose what was hidden of their nakedness. He said, "Your Lord has forbidden this tree to you only to prevent you from becoming angels or immortals."

SAPIENCE INSTITUTE

Here we are [Qur'an 2:38-39]

قُلْنَا ٱهْبِطُوا مِنْهَا جَمِيعًا ۖ فَإِمَّا يَأْتِيَنَّكُم مِّنِّى هُدًى فَمَن تَبِعَ هُدَاىَ فَلَا خَوْفٌ عَلَيْهِمْ وَلَا هُمْ يَحْزَنُونَ ٣٨

We said, "Descend all of you! Then when guidance comes to you from Me, whoever follows it, there will be no fear for them, nor will they grieve.

وَٱلَّذِينَ كَفَرُوا وَكَذَّبُوا بِـَٔايَـٰتِنَآ أُو۟لَـٰٓئِكَ أَصْحَـٰبُ ٱلنَّارِ ۖ هُمْ فِيهَا خَـٰلِدُونَ ٣٩

But those who disbelieve and deny Our signs will be the residents of the Fire. They will be there forever."

SAPIENCE INSTITUTE

Love of Allah

Narrated Abu Huraira:

Allah's Messenger (ﷺ) said, "Allah said, 'I will declare war against him who shows hostility to a pious worshipper of Mine. And the most beloved things with which My slave comes nearer to Me, is what I have enjoined upon him; and My slave keeps on coming closer to Me through performing Nawafil (praying or doing extra deeds besides what is obligatory) till I love him, so I become his sense of hearing with which he hears, and his sense of sight with which he sees, and his hand with which he grips, and his leg with which he walks; and if he asks Me, I will give him, and if he asks My protection (Refuge), I will protect him; (i.e. give him My Refuge) and I do not hesitate to do anything as I hesitate to take the soul of the believer, for he hates death, and I hate to disappoint him."

Reference : Sahih al-Bukhari 6502
In-book reference : Book 81, Hadith 91
USC-MSA web (English) reference : Vol. 8, Book 76, Hadith 509
(deprecated numbering scheme)

حَدَّثَنِي مُحَمَّدُ بْنُ عُثْمَانَ، حَدَّثَنَا خَالِدُ بْنُ مَخْلَدٍ، حَدَّثَنَا سُلَيْمَانُ بْنُ بِلاَلٍ، حَدَّثَنِي شَرِيكُ بْنُ عَبْدِ اللَّهِ بْنِ أَبِي نَمِرٍ، عَنْ عَطَاءٍ، عَنْ أَبِي هُرَيْرَةَ، قَالَ قَالَ رَسُولُ اللَّهِ صلى الله عليه وسلم " إِنَّ اللَّهَ قَالَ مَنْ عَادَى لِي وَلِيًّا فَقَدْ آذَنْتُهُ بِالْحَرْبِ، وَمَا تَقَرَّبَ إِلَىَّ عَبْدِي بِشَىْءٍ أَحَبَّ إِلَىَّ مِمَّا افْتَرَضْتُ عَلَيْهِ، وَمَا يَزَالُ عَبْدِي يَتَقَرَّبُ إِلَىَّ بِالنَّوَافِلِ حَتَّى أُحِبَّهُ، فَإِذَا أَحْبَبْتُهُ كُنْتُ سَمْعَهُ الَّذِي يَسْمَعُ بِهِ، وَبَصَرَهُ الَّذِي يُبْصِرُ بِهِ، وَيَدَهُ الَّتِي يَبْطُشُ بِهَا وَرِجْلَهُ الَّتِي يَمْشِي بِهَا، وَإِنْ سَأَلَنِي لأُعْطِيَنَّهُ، وَلَئِنِ اسْتَعَاذَنِي لأُعِيذَنَّهُ، وَمَا تَرَدَّدْتُ عَنْ شَىْءٍ أَنَا فَاعِلُهُ تَرَدُّدِي عَنْ نَفْسِ الْمُؤْمِنِ، يَكْرَهُ الْمَوْتَ وَأَنَا أَكْرَهُ مَسَاءَتَهُ ".

SAPIENCE INSTITUTE

QUIZ TIME: What is this world like?

B

A banquet & party by God, and there should be no pain.

Do as you like, it's all over with death anyway.

It's a temporary test with full recompense later.

A

C

Sharing Islam: Different Resources

- **List of resources - 👉Link here👈**
- **Customisable slides - 👉Link here👈**
- **Playlist presenting the slides - 👉Link here👈**
- **Slides - 👉Link here👈**

SAPIENCE INSTITUTE

Practise Introduction & Explain

- **Introduction**
  - **Basics, hobbies, passions, current goals & life.**
- **Islam & worldviews**
- **What's on them now?**
  - **Ownership & progress**
  - **Without overwhelming yourself**

SAPIENCE INSTITUTE

Remember Once Again: How

- **Discuss**
- **Ask open ended questions**
- **Understand their thought process**
- **Check-in with them**
- **Make them comfortable to be authentic with you**
- **Avoid Arabic terminologies and/or explain it to them**
  - **(Don’t use them too much)**

SAPIENCE INSTITUTE

Module Four

- **Finding new Muslims**
- **Introduction**
- **Explain**
- **Suggest a plan**
- **Share resources**
- **Discuss common obstacles**
- **Agree on next steps**

SAPIENCE INSTITUTE

Consider People With Different Goals…

Physical

I want to be fit, energetic & healthy

Spiritual

What is a risk to my faith? How to recharge?

Career

What do I want to do with my life?

What can these people do to ensure they are successful?

GOALS VS SYSTEM

What's the difference between someone who achieves & someone who doesn't?

SAPIENCE INSTITUTE

Four Components of Our Coaching

SAPIENCE INSTITUTE

1. Why: The Motivation

- **Take steps to keep yourself motivated & strengthen your relationship with Allah.**
- **Ideas:**
  - **Seek divine assistance (dua or prayers).**
  - **Be in good company.**
  - **Read, watch & reflect on motivational Islamic content.**
  - **Attending Islamic events, conferences & classes.**

SAPIENCE INSTITUTE

2. How: The Do's & Don'ts

- **Spending time to learn & practise how to worship Allah:**
  - **How do I recite & pronounce the prayer?**
  - **Cleanliness - Ablution, wudhu (what makes you unclean?)**
  - **How do I pray and what to do in various situations?**

3. What: Commitments

- **Keep up the focus & growth by setting goals & reviewing your progress:**
  - **Number of prayers a day (combining on boundary, combining general)**
  - **Reading & practise goals**
- **Follow-up & review plan**
  - **Weekly meetings or calls?**
  - **Apps like habitshareapp or whatsapp**
- **Can include other areas of life too**
  - **Job**
  - **Physical health, ect**

SAPIENCE INSTITUTE

4. Review: Empowerment Coaching

- **Review, adjust & empower.**
- **Frequency: Daily, weekly, monthly, etc.**
- **Use the four laws in Atomic Habits:**
  - **E.g. habitshareapp**

SAPIENCE INSTITUTE

Atomic Habits

Read or listen to the book "Atomic Habits"

It helps to develop better habits.

Summary of Book: 👉Link here👈

Video Summary part 1:👉Link here👈 **part 2:** 👉Link here👈

Free audio book: 👉Link here👈

Other helpful resources: 👉Link here👈

SAPIENCE INSTITUTE

Practise: Suggest a Plan

- **Motivation**
- **The How: Do's & Don'ts**
- **Plan & commitment**
- **Follow-up plan**

Four Components of Our Coaching

SAPIENCE INSTITUTE

Module Four

- **Finding new Muslims**
- **Introduction**
- **Explain**
- **Suggest a plan**
- **Share resources**
- **Discuss common obstacles**
- **Agree on next steps**

SAPIENCE INSTITUTE

Share Resources

- **New Muslim Starter Pack 👉Link here👈**
- **Apps & Tools display:**
  - **Anthony 👉Link here👈**
  - **Isa 👉Link here👈**
- **Playlist of First meetings 👉Link here👈**

SAPIENCE INSTITUTE

New Muslim Starter Pack

- **New Muslim Starter Pack 👉Link here👈**
- **We keep it updated**
- **Motivation:**
  - **Duas (Morning & Evening)**
  - **Social Media / Apps**
  - **Basic Series Recorded Courses**

SAPIENCE INSTITUTE

New Muslim Starter Pack

- **Wudu & Salah**
  - **Apps**
  - **Special Transliteration**
  - **Audio Explanation & Pronunciation**
  - **Tips on Praying (Outside, Combining, Wiping, Prayer Mats)**

SAPIENCE INSTITUTE

New Muslim Starter Pack

- **Advanced Topics**
  - **Reading Arabic Resources**
  - **Marriage**
  - **Other Courses**

SAPIENCE INSTITUTE

Module Four

- **Finding new Muslims**
- **Introduction**
- **Explain**
- **Suggest a plan**
- **Share resources**
- **Discuss common obstacles**
- **Agree on next steps**

SAPIENCE INSTITUTE

Discuss Common Obstacles

- **Embracing Islam vs Muslims**
- **Receiving feedback from Muslims**
- **No one owns the Masjid**

Discuss Common Issues (1)

Trying to please everyone.

Trying to change everyone.

Being overwhelmed.

Discuss Common Issues (2)

Do all or nothing! Trying to be perfect.

Being discouraged because of technicalities/ pronunciation

Lack of prioritization.

Discuss Common Issues (3)

Encourage them to let you know if anything is bothering them.

Tap into your peer network.

Ask!

Make suggestions, not decisions.

Check-in - Did it help?

Module Four

- **Finding new Muslims**
- **Introduction**
- **Explain**
- **Suggest a plan**
- **Share resources**
- **Discuss common obstacles**
- **Agree on next steps**

SAPIENCE INSTITUTE

Action Items & Homework

- **Prepare your script**
  - **Be ready for the first introduction meeting.**
  - **View Resources - Coaches Manual and New Muslim Starter Pack**

SAPIENCE INSTITUTE

Q&A

SAPIENCE INSTITUTE